

EXECUTIVE SUMMAR OF THE PROJECT

1. Title of the Project	“Effects of Displacement on Mental Health of Displace Tribes in Mysore and Kodagu Districts, Karnataka”
2. Name & Address of the Principal Investigator	B. Rangaiah Department of Applied Psychology Pondicherry University Pondicherry 605 014
3. Name & Address of the Institution	Pondicherry University, Pondicherry 605 014
4. UGC approval letter No & Date	F. No. 5-147/2010 (HRP) dated 24/01/2011&12/4/2013
5. Date of Implementation	01/02/2011 to 31/07/2013
6. Tenure of the Project	2 years and 6 months
7. Total Grant Allocated	Rs. 6,37,200/-
8. Total Grant Received	Rs. 3,02,200/-
9. Final expenditure	Rs. 5,06,200/-
10. Title of The Project	“Effect of Displacement on Mental Health of Displace Tribes in Mysore and Kodagu Districts, Karnataka”

11. Objectives of The Project:

The primary objective of the study was to investigate the impact of displacement on the mental health of tribal communities. However, the specific objectives as outlined in the research proposal are as follows:

- i. To study the status of mental health and Psychological wellbeing among the tribal communities.
- ii. To study the mental health status and psychological wellbeing between displaced and non-displaced Jenu Kurubas and Betta Kurubas.
- iii. To study to what extent gender influences mental health and psychological wellbeing of tribal groups – separately and taken together.
- iv. To analyse the geographical and historical factors related to displacement and interpret the observed findings (qualitative data) bring out an action plan to alleviate behavioural problems.
- v. To evolve action plans based on the experiences of the respective tribal groups (to alleviate their problems) to improve their status of mental health.

12. Whether Objectives were Achieved:

The objectives have been achieved as may be seen in the Summary and Report.

13. Achievements From the Project:

- i. I have written a book entitled "Psychological Perspectives of Displacement" with my experience on the field.
- ii. One article published out of research data.
- iii. The study is first of its kind.

14. Summary of the Findings:

- i. Displacement from one's dwelling place makes people disturbed and it could be evident in their behaviour and health. It is not clear how displaced people suffer from the mental health problems and psychological wellbeing. The effects in general might be huge and particularly in the case of tribal people the effects could be there, however, there were no studies to account the impact of displacement on tribal population. The present study attempted to investigate the impact of displacement on mental health and psychological wellbeing in the Mysore and Kodagu districts of Karnataka. The tribes in these regions have been displaced for various reasons from past four decades. The present study made an investigation on a sample of displaced and non-displaced tribes comprising Jenu Kuruba and Betta Kuruba tribal people from both displaced and non-displaced groups. The following tools were used for the collection of data, namely, GHQ-28, Ryff's Psychological Wellbeing Scale (Medium Form), a semi-structured interview Schedule, and demographic data sheet. Along with the tools mentioned focus group discussions were also conducted to understand the mental health and psychological wellbeing of the tribes. Hence, the study utilized both quantitative and qualitative methods for data collection.
- ii. The study began with a set of objectives; (1) to study the status of mental health and Psychological wellbeing among the tribal communities. (2) To study the mental health status and psychological wellbeing between displaced and non-displaced Jenu Kurubas and Betta Kurubas. (3) To study to what extent gender influences mental health and psychological wellbeing of tribal groups – separately and taken together. (4) To analyze the geographical and historical factors related to displacement and interpret the observed findings (qualitative data) bring out an action plan to alleviate behavioral problems. (5) To evolve action plans based on the experiences of the respective tribal groups (to alleviate their problems) to improve their status of mental health.
- iii. The study found that (a) the tribes in general were found to have lower mental health scores and psychological wellbeing scores. (b) There was a significant difference in the mental health between displaced and non-displaced tribes and not in the psychological wellbeing. (c) There was a significant difference in the mental health and psychological wellbeing of displaced Jenu Kuruba and Betta Kuruba tribes. (d) There was a significant difference in the overall psychological wellbeing between Jenu Kuruba and Betta Kuruba tribes of non-displaced. (e) There was a significant difference in mental health between displaced and Non-displaced Jenu Kuruba tribes. (f) There was no difference in mental health and psychological wellbeing scores of displaced and Non-displaced Betta Kuruba tribes. (g) There was a significant difference between men and women in the mental health scores and not in the scores of the

psychological wellbeing. (h) There were geographical and historical contributing factors for the displacement and also tribal people thought of some of the alleviating factors. (i) The study could be utilized to bring out the action plan to improve the lives of tribal people affected by displacement.

15. Contribution to the Society:


- i. Such studies are needed to understand the ground reality of the tribal people who are displaced.
- ii. Society cannot have more of its people as a burden and such studies understanding the underlying issues and help to overcome the mental health issues.
- iii. For healthy and harmonious society it is important that the developmental activities are people oriented rather than capital centric.

16. whether any PhD. enrolled/produced out of the project:

No – as Pondicherry University PhD candidates are admitted through entrance examination and they are free to choose their topic of research.

17. No. of publications out of the project:

- i. One paper published (copy attached in the report)
- ii. The report will be published as a book once UGC accepts the same and awards permission.



PRINCIPAL INVESTIGATOR

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